

ABSTRACT

An optical information-recording medium comprising a substrate which is formed with a plurality of lands and grooves, and a recording layer and a reflective layer which are provided on the substrate, is provided. The grooves include a first groove, a second groove which is formed with pits, and a third groove which is formed with pits having widths narrower than those of the pits of the second groove, wherein the third groove is arranged between the first groove and the second groove. With the optical information-recording medium based on the use of the substrate as described above, even when the tracking is performed to span the boundary between the area in which the in-groove pits are formed and the area in which only the groove is formed, then the radial push-pull signal is scarcely disturbed, and it is possible to perform the stable tracking.